

Your Medical Home



Lyster Army
Health Clinic



Newsletter

Clinic Updates

The Optometry Clinic recently expanded its exam rooms from 2 to 4 rooms. That means shorter wait times and more appointment availability for you.

EDIS and EFMP relocated to the front of the clinic by Starbucks to make these services more accessible to you.

Secure Messaging

- E-mail your doctor
- Request Appointments
- Request Medication Refills
- Get Lab Results

Just give your e-mail address to our staff or scan.



Lyster will be closed Feb. 18 in observance of President's Day. We will reopen at 0730 Tuesday, Feb. 19.

Lyster will be closing Feb. 20 at noon for mandatory monthly training. We will reopen at 0730 Thursday, Feb. 21.

Did you know?

- Active Duty Soldiers can receive chiropractic care for free at Lyster with a referral from their primary care manager.
- Sick call is from 0600-0630 Mon - Fri for Soldiers in Student Status only.
- The Flight Surgeon of the Day is available from 0800-1115 and 1300-1430 for upslips and other aviation related issues.

To schedule an appointment, call 334-255-7000

February Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	Yoga 1145-1245*	Army MOVE! Program Class 5	Army MOVE! Program Class 3	Yoga 1145-1245*	8	9
				Nutrition Care: Healthy Heart Management and Prevention 0900-1200 Tobacco Cessation 13:30 #1		
10	Yoga 1145-1245*	Army MOVE! Program Class 6	Army MOVE! Program Class 4	Yoga 1145-1245*	15	16
	Nutrition Care: Shopping for good health: Commissary Tour 0900-1100			Nutrition Care: Part 1 Diabetes Prevention and Management 0900-1200 Tobacco Cessation 13:30 #2		
17	President's Day Lyster Closed	Army MOVE! Program Class 1	Army MOVE! Program Class 5 Lyster Closes at noon for mandatory training	Yoga 1145-1245*	22	23
				Nutrition Care: Part 2 Diabetes Prevention and Management 0900-1200 Tobacco Cessation 13:30 #3		
24	Yoga 1145-1245*	Army MOVE! Program Class 2	Army MOVE! Program Class 6	Yoga 1145-1245*	28	
				Nutrition Care: Healthy Cooking Class 1300-1500 Tobacco Cessation 1330 #4		

Nutrition Care Clinic: 334-255-7298

Tobacco Cessation class: 334-255-9908

*Yoga class is for patients seen at Behavioral Health only.


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After your appointment you may receive an Army Provider Level Satisfaction Survey (APLSS) in the mail. Please do not throw it away. Please fill out the survey on the paper provided (prepaid return envelope included), online at the link provided, or call the number listed to complete the short telephone survey.

The clinic can receive up to \$500 for each "satisfied" survey returned. Surveys returned with satisfactory marks help keep our clinic up to date with the latest equipment and services available for you.

Thank you,
Lyster Army Health Clinic Staff

Lyster Loves APLSS



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